Message To Incarcerated Youth

My name is Cedric Dean and I've been incarcerated in many maximum security State and Federal penitentiaries for over 20 years. I am currently serving 35 years (which was previously Life plus 5 years) in United States Penitentiary Lee in Jonesville, Virginia.

I am reaching out to you because I want you to know that your future doesn't have to be like your past. You can make the decision today to not let the time do you, but to do the time - and do it in a way that will better prepare you for society.

I want you to know that no one loves you like you. If you start keeping it real with yourself, your future will be just what you want and need it to be. If you truly love you - you will start thinking for you and stop letting others think for you that don't have your best interest at heart. You cannot continue to do the same things and expect different results.

In the thug-life you often get asked are "you ready to die?" I want to ask you today are "you ready to live" and give back to those that really don't know what the game is really about. Those that don't know that their friends with commit crimes with them, commit violence with them, but the won't go to jail with them. When it comes to loyalty their only loyalty is to themselves.

In closing, I want you to know that I love you and I hope you love yourself just as much as I do. There is a lot of FREE information on www.cedricdean.com that will help you help yourself and others. Have the staff at your institution download it for you. Also, go to the education department and request they add these books to your library - How To Save Our Children From Crime, Drugs and Violence, Leaders Breed Leaders and How To Stop Your Children From Going To Prison. (All 3 books are available on www.Amazon.com)

And if you ever feel like no one cares about you, get at me so I can prove to you that I do.

If I can change, so can you.

Yours for the cause of love and peace,

Cedric Dean

Note: Please forward this message to all the incarcerated youth that you know.